



# Women and Girls' Retreat

## Tentative Schedule

### Friday

- 4-6 pm Arrival
- 6:30 pm Dinner
- 7:30 pm Shabbat Service
- 9 pm Social Time

### Saturday

- Breakfast
- 9:30 am Morning session
- 10:30 am or Indoor activity (swim, sauna, hot tub, fitness center)
- 12 noon Lunch
- Leadership Team Meeting
- 1 pm Outdoor activity (snowshoeing, hiking), Me time--nap, recreation, swim, hike, massages
- 4:30 pm Afternoon Session
- 6:30 pm Dinner
- 7:30 pm Havdalah

### Sunday

- Breakfast
- 9 am Final session
- 11 am Evaluation: What worked? What didn't? What is next?
- 12 noon Lunch to go or stay

Funding provided through a grant from the **Jewish Women's Foundation of Metropolitan Detroit** and the collaboration of the **L'Dor v'Dor Consortium**

